**SKILL: Hand Washing**

**LEARNER NAME: DATE: / /**

*\*\*Learner expected to introduce him/herself and ask for consent at all times*

|  |  |  |  |
| --- | --- | --- | --- |
| **No** | **PERFORMANCE** | **Competent** | **Omitted** |
| 1 | Wet hands with water |  |  |
| 2 | Apply enough soap to cover all hand surfaces |  |  |
| 3 | Rub hands palm to palm |  |  |
| 4 | Rub your right palm over the dorsum of your left hand, with fingers interlaced, then vice versa |  |  |
| 5 | Rub your hands together palm to palm with fingers interlaced |  |  |
| 6 | Rub the backs of your fingers to the opposite palm with your fingers interlocked then vice versa |  |  |
| 7 | Place your left thumb in your clasped right palm and rotationally rub the thumb, then repeat using your right thumb and clasped left palm |  |  |
| 8 | Rotationally rub the clasped fingers of your right hand into the left palm and vice versa |  |  |
| 9 | Rinse hands with water |  |  |
| 10 | Use elbow turn off tap |  |  |
| 11 | Dry hands thoroughly with a single use paper towel |  |  |
| 12 | Use the towel to turn off the tap |  |  |

**Overall assessment of learner’s performance:**

**NOT YET COMPETENT**

**COMPETENT**

**Comments:**

Assessor Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Moderator Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Qualification: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Qualification: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

